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Child Developmental History Form

Date: _____

CHILD NAME: _____ DOB: _____

Please take your time and complete entire form. The information will help me understand your child and your family better. Use the back of the sheet if necessary.

FAMILY BACKGROUND

Full Name	Year of birth	Current medical condition(s)	If Deceased, year/cause
Mother			
Father			
Other Parental Figure(s)			
Siblings			
Stepsiblings			

Pets

Name	When adopted?	Type of Animal

Who lives in your home now? _____

Child raised by: _____

Family members child is close to: _____

Extended family members nearby: _____

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Parents' Marital Status: Unmarried _____
 Live together _____ How many years? _____
 Married _____ How many years? _____
 Separated _____ How many years? _____
 Divorced _____ How many years? _____
 Widowed _____ How many years? _____

	Mother	Father	Other parental figure
Education/highest grade completed			
Ethnic background			
Hobbies and interests			
Occupation			
Full-time/Part-time			
Religion			

ADOPTION HISTORY

At what age was your child adopted? _____
 From where was your child adopted? _____
 Does your child know she's adopted? _____
 Is there contact with biological family? _____
 Are there concerns about the adoption? _____

PREGANCY HISTORY

Age of biological parents at time of birth: Mother: _____ Father: _____
 Was this a planned pregnancy? _____
 Were there fertility complications? _____
 Please describe _____
 Did the birth mother receive prenatal care? Yes _____ No _____
 Please describe: _____
 Length of pregnancy: _____
 Did the mother experience any emotional or physical difficulties during or after the pregnancy? ____
 Please describe: _____
 Length of labor: _____
 Birth weight: _____
 Was it a Caesarian delivery? _____ Was delivery scheduled or unscheduled? _____

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DEVELOPMENTAL HISTORY

Was this child breast-fed or bottle-fed? _____ Age weaned: _____

Did the child experience any of the following:

	Infancy	Toddler	Preschool	Now
Colic				
Excessive crying				
Delayed language				
Unclear speech				
Eating/feeding problems				
Delayed fine motor skills				
Delayed gross motor skills				
Other:				

Please give the age when your child reached each developmental milestone:

Crawling: _____ Sitting: _____ Walking: _____

First words: _____

First sentences: _____

Toilet trained: _____

For an adolescent, please indicate the following:

Age at onset of puberty: _____ Age at first menstruation: _____

Which hand/foot does your child use for writing? _____ eating? _____
throwing? _____ kicking? _____

At what did your child learn to ride a bicycle (no training wheels!): _____

MEDICAL BACKGROUND

Pediatrician: _____

Address: _____

Phone: _____ FAX: _____

Email: _____

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Date of last physical exam: _____ Results: _____

Date of last dental exam: _____ Results: _____

Date of last vision exam: _____ Results: _____

Date of most recent hearing exam: _____ Results: _____

Has this child experienced any of the following (check all that apply):

- Allergies
- Asthma
- Cerebral palsy
- Congenital problems
- Frequent colds
- Frequent ear infections
- Gastrointestinal problems
- Hearing problem
- Lead poisoning
- Muscle pain
- Repetitive behaviors (rocking, head banging, etc.)
- Seizures
- Skin problems
- Vision problems
- Other: _____

Please describe any items checked above: _____

Is this child on any medications? Please list below

Medication	Dosage	Frequency	Prescriber	Date Prescribed	Still Used?	Reason Prescribed

Does this child use alcohol or drugs? _____ If yes, please list: _____

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PREVIOUS ASSESSMENTS

Type of assessment	Date	Name of clinician	Reason for evaluation	Results
Neurological				
Neuropsychological				
Occupational therapy				
Physical therapy				
Psychiatric				
Psychological				
Speech & language				

(continue on back if necessary)

Please provide copies of all reports.

MENTAL HEALTH TREATMENT HISTORY

Has your child ever received counseling or psychiatric treatment? _____

Type of treatment	Dates	Clinician	Reason	Was it helpful? (please explain)

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MENTAL HEALTH HISTORY

Please check all that apply

Condition	This child	Family member (indicate which)
Anxiety		
Agoraphobia		
Generalized anxiety disorder		
Obsessive compulsive disorder		
Panic disorder		
Post traumatic stress disorder		
Specific phobia		
Social phobia		
Mood		
Bipolar disorder		
Dysthymia		
Major depression		
Psychotic symptoms		
Abuse/trauma		
ADD/ADHD		
Adjustment disorder		
Alcohol or substance abuse		
Eating disorder		
Schizophrenia		
Self-harming behavior		
Suicide	N/A	
Suicidal behavior or statements		
Other:		

SOCIAL HISTORY

Did/does your child have any difficulties with daycare, preschool or school? Please explain:

Does your child have friends? _____ Has your child ever been bullied? _____

What interests does your child have? _____

What are your family's favorite activities? _____

Does this child enjoy participating in those? _____

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EDUCATIONAL HISTORY

Name of schools attended and location:

Preschool: _____

Elementary School: _____

Middle School: _____

High School: _____

Did/does your child have any problem with the following areas?

- | | |
|------------------------------|------------------------|
| Listening | History/Social Studies |
| Completing work | Math |
| Doing homework independently | Reading |
| Paying attention | Science |
| Unstructured time | Writing |

Was your child ever referred for an IEP or 504 evaluation at school? _____

Is your child currently on an IEP or 504? _____

Does your child receive in-school services or tutoring?

Subject/Service	School/Home	Frequency	Does your child like it?	Does it help?

Are you satisfied with your child's current educational placement? (Please explain.)

Does your child like going to school? _____

What is your child's approach to schoolwork (organized/disorganized, responsible, attentive, uninterested): _____

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WORK HISTORY

Does your child have a job? _____

Where does your child work? _____ How many hours/week? _____

What does your child do? _____

Is your child successful at this job? _____

REASONS FOR SEEKING COUNSELING

Why have you decided to seek therapy?

What type of therapy are you interested in for your child?

- Individual
- Family
- Anxiety management
- Cognitive/behaviorial
- Social skills
- Stress management
- Trauma

What are your goals for therapy?

What are your biggest concerns about your child? _____

Is there anything else that you think it is important for me to know?
